DNR / POLST — CLINICIAN AND OFFICIAL-FORM GUIDE

This guide is not a medical order and is not a DNR order. Do not sign or present it as a DNR or POLST.

DNR and POLST orders require the applicable clinical discussion, consent, authorized practitioner and state or facility process. Choose the state and care setting in the wizard to reach the relevant resources. Document.com does not issue medical orders or certify EMS recognition.

Obtain the appropriate form

Portable treatment orders. Discuss the choice about CPR separately from treatment while the patient has a pulse or is breathing. Ask the state program which form and signing process apply.

New York out-of-hospital DNR. Department of Health DOH-3474: Open the New York nonhospital DNR form

New York MOLST. DOH-5003, with the applicable consent/capacity checklist: Read New York MOLST instructions and checklists

- **California POLST:** EMSA-approved form and program instructions: https://capolst.org/polst-for-healthcare-providers/forms/
- **Texas out-of-hospital DNR:** DSHS form and signing instructions: https://www.dshs.texas.gov/dshs-ems-trauma-systems/out-hospital-do-not-resuscitate-program
- **District of Columbia:** DC Health MOST program.
- **New Jersey:** New Jersey Department of Health POLST and New Jersey out-of-hospital DNR program.
- **Other states:** locate the state POLST program at https://polst.org/state-programs/ and ask the treating clinician or local EMS authority about the applicable DNR process.

Discuss with the care team

For an **in-hospital order**, ask the treating facility to enter the order through its clinical process. For a **minor**, ask the pediatric care team about authority to consent and any additional clinical determinations. A **POLST** is voluntary and is intended for serious illness or frailty; it does not replace an advance directive. Discuss what each treatment choice means before completing a clinical form.

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Confirm which form, signatures, witnesses or other steps apply to the patient's state, decisionmaking capacity and care setting. Ask how to communicate the order, where to keep it, and how to review or change it. Confirm the rules in the jurisdiction where care will be provided.

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